

Adventures in Guam



Introduction

Guam has become a tropical destination of choice for travelers from Asia, the United States and even Europe. Despite the rich history of Spanish influence and World War II significance, the attraction lies in adventure for many visitors to our island. With fun and safety at the top of the list, you can find everything from the sky to under the sea to keep your adrenaline running on our island. Explore the activities below to find something that appeases your adventure needs - no matter what your age. Experience paradise - Guam awaits you.

Land

Golf: A round of golf at one of Guam's many courses is an opportunity well worth the effort. Seven courses ranging in environment and difficulty level are situated throughout the island, many of which were designed by golfing greats Jack Nicklaus and Arnold Palmer. A golf driving range, located close to Tumon (Guam's hotel district), is open until 10 p.m. Golf clubs, shoes and other equipment may be rented at the pro shop. The island boasts top level golf courses - most with 18 holes - with pro and specialty golf shops at each respective clubhouse.



Onward Mangilao Golf Course

Landmarks: Historical landmarks offer numerous sights of interest. Latte, which served as foundation pillars for the thatched huts of the Chamorros, are found in parks and out-of-the-way jungle areas. The graceful remains of Spanish buildings, the Plaza de España and stone bridges may be seen in Hagatña, Guam's capital. In other locations throughout the island, the Spanish influence is clearly visible in the architectural design of Guam's southern homes and villages. Spanish ruins and World War II memorials are reminders of both the distant past and more recent events.

Tumon & Hagatña

Two Lover's Point (Puntan Dos Amantes)

A favorite among visitors, Two Lovers Point offers a breathtaking view and a look into the culture and history of the island. According to ancient folklore, two ill-fated lovers who had been forbidden to marry tied their hair together and leapt to their deaths from this 378-foot-high cliff.

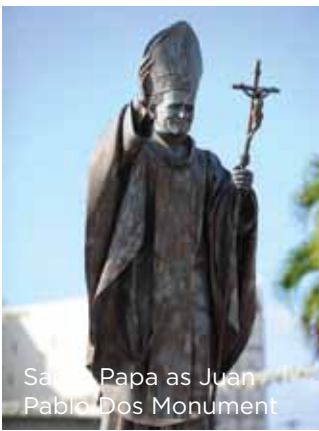


Two Lover's Point

The site offers a visitors center open daily and an unmatched view of the island. For more information, call 1 (671) 647-4107.

Plaza de España - Home to the governor's palace during the Spanish period, the Plaza de España is a favorite site for visitors. Although most of the palace was destroyed during the retaking of Guam during WWII by U.S. forces, three structures are still standing: the three-arch gate, the Azotea (or back porch) and the Chocolate House.





Santo Papa as Juan Pablo Dos Monument - Across from Dulce Nombre de Maria Cathedral-Basilica in Hagåtña, a statue of Pope John Paul II commemorates the leader's first visit to the Marianas Islands in 1981. It rotates at a rate of one full revolution every 12 hours.

Northern Guam

Mount Santa Rosa - Known as the highest point in northern Guam, Mount Santa Rosa is an extinct volcano that can be identified by the dome-shaped structures that sit at its peak. The point offers a bird's eye view of nearby Andersen Air Force Base as well as the nearby island of Rota.

South Pacific Memorial Park - To commemorate all those who died on Guam during World War II, a Japanese nonprofit group called the South Pacific Memorial Association Mission funded construction of this memorial, completed in May 1970. Located just off Marine Corps Drive at the foot of Mt. Matagi, it is known as the last Japanese command post. A 50-foot tower shaped like praying hands commemorates 500,000 Japanese lives lost in Micronesia throughout WWII.

Central Guam



Asan Bay Overlook

Asan Bay Overlook - This site provides visitors with virtually the same view the Japanese had of Apra Harbor as U.S. Forces arrived on Guam. Visitors can learn about

the WWII battle from carved bronze walls that display the names of American soldiers and people who faced adversity during the war and Japanese occupation. The site, where U.S. Marines landed on July 21, 1944, contains guns, caves, pillboxes, and 445 underwater reef and relics.

Sigua Falls - Upper Sigua Falls and Lower Sigua Falls comprise this site, a favorite among visitors and residents. Both falls require a hike as they are not accessible by car. Bring your boots as the hike requires a trek through Guam's central grasslands and jungle.



Sigua Falls

War in the Pacific Historical Park - Comprised of seven different park areas - on land and under the sea - this site honors all who participated in the Pacific Theater of WWII, including those from the United States, Japan and the Allied nations. Operated by the National Park Service, the site spans 1,000 total acres and hosts thousands of visitors annually. To learn more about the park, visit the T. Stell Newman Visitor Center near Naval Base Guam or call 1 (671) 333-4050 (www.nps.gov).

Southern Guam

Sella Bay - For a sweeping view of the mountainous southern portion of Guam, visitors can visit this site which offers a fantastic overlook just 88 steps from a convenient pavilion. Follow the trail down the mountain to find the remains of an ancient Chamorro village, where latte stones and an old stone beehive oven can still be seen.

I Memorias Para I Lalahita - Dedicated in 1971 to the Guam men who died in Vietnam, this site offers an unmatched view of Guam's southern mountains. A 2-foot wall surrounding the memorial allows you to sit and admire waterfall valleys, mountain ranges and Umatac village below.



I Memorias Para I Lalahita



Cliffs behind Pagat Cave



Jungle River Cruise



Boonie Stomping

Hiking: Take your first step to discovering all Guam has to offer by setting out on foot with a hike or "boonie stomp", as it's known here. Trek to secluded jungle locations or along sandy beaches that many visitors never see. The Guam Boonie Stompers, which lead guided stomps each weekend, will take visitors on hikes rated easy to very difficult through lush vegetation,

concealed ponds, natural pools, and countless waterfalls. Known as a hiker's paradise, Guam is home to trails that wind up and down hills, cliff walls, and meander through beautiful jungles. Each region of the island has distinct characteristics and a history all its own. Join the Guam Boonie Stompers each Saturday at 9 a.m. in the center court of Chamorro Village in Hagåtña for a small fee of \$2 for each hiker over the age of 12. Children must be accompanied by a responsible adult. For more information contact Dave Lotz by calling 1 (671) 653-2897 or via e-mail at davelotz@ite.net.

Camping: Except for the historical parks, public parks on Guam are available for camping at any time. Gather your family and friends, pitch a tent and get ready to enjoy the pleasure of cool evenings and sunny days. Fishing, glass containers and loud music are prohibited to preserve the comfort of our beaches, but bring on the barbecue. For more information, contact the Department of Parks and Recreation at 1 (671) 475-6822.

Racing: Competitions are held year-round, often drawing large crowds who enjoy watching experts display their off-roading and racing skills. For more information, contact the Guam International Raceway at 1 (671) 727-5381.

Water

Jet skiing: Jet skiing is the best way to carry the thrill for excitement into the water. The motorized water vehicles allow you to pick up the speed and drive atop

the clear, blue waters. Learn how to ride the waves on our beaches, or if you're already familiar, just rent the equipment. Ride by yourself or with a friend, whatever your preference.



Atlantis Submarine

Underwater Tours: Stay dry and still enjoy the diversity of color and life found in Guam's warm waters. A submarine tour will allow you to stay out of the water, comfortable inside a 65-foot sub

as tropical reefs and marine life pass you by. Or you can opt for a more structured, hands-on underwater adventure by walking the ocean floor in a constructed chamber.

River Boat Cruise: A leisure boat ride along the Talofofo River can expose you to even more of the island's natural beauty. Take your family and friends to explore the jungle and the animals that call it home. The ride will take you to the ruins of an ancient Chamorro Village and allow you to enjoy demonstrations of traditional craft making.

Air & Sky

Skydiving: If you're a more extreme risk taker, you may look to the sky for adventure. Also known as tandem skydiving, the sport was initially used as a military application, but has evolved greatly over the years. While those wishing to engage in the jump need to be advised of the risks, it's good to note that almost everyone has enjoyed the adrenaline rush.



Skydive Guam



Micronesia Aviation



Parasailing: If being near the peaceful ocean waters and a great view is something on your agenda, then parasailing should definitely be on your to-do list. A short cruise out from the shore is all you need to explore the beauty of Guam's shoreline. Many beach clubs give you the option of going 200 feet up by yourself or with a partner. It's a great way to experience the cool breeze and a perfect view of the waters below.

Flight School: Take in the breathtaking aerial view of Guam by going on a tour of the island with Micronesia Aviation or sign up for an introductory flight course so you can learn how to fly a Cessna. For more info, visit www.ifcguam.com.



A Snapshot of Guam

Guam is home to a tropical climate, with average yearly temperatures of 86°F. Evening temperatures rarely fall below 70°F and daily highs rarely exceed 90°F. Chamorro and English are the primary languages spoken on the island, although many businesses employ multilingual staff.

Guam is 10 hours ahead of Greenwich Meridian Time. The local currency is the U.S. dollar and most major credit cards are widely accepted. The electrical current is the same as the U.S. mainland - 120 volts/60 cycles.

Guam has become a state-of-the-art destination with luxuries the rest of the world enjoys. High-speed Internet and mobile service make it easy to stay in touch and brand name hotels line the island's shores.



For more information, contact:

GUAM VISITORS BUREAU
401 Pale San Vitores Road
Tumon, GU 96913
Tel: 1 (671) 646-5278/9
Fax: 1 (671) 646-8861
www.visitguam.org